

# 3 Steps Toward Stronger Leadership

**1**

## **Be willing to ask for help**

It takes conscious effort and intention, but it will pay off in the long run.

**2**

## **Practice asking for help**

It certainly doesn't come naturally to most of us, so practice is required in order to cultivate the ability to realize when we need help and then reach out and ask for it. Repetition is the mother of skill.

**3**

## **Model the behaviors you want your team to emulate**

If we as leaders are unwilling or unable to ask for help when we need it, then how can we expect our teams to be skilled in this practice?